

**Saddle Brook Public Schools**  
**MEDICATION AUTHORIZATION FOR SEVERE ALLERGIC REACTION**  
**For School Year \_\_\_\_\_**

Student Name \_\_\_\_\_ DOB \_\_\_\_\_ Date \_\_\_\_\_

**TO BE COMPLETED BY PHYSICIAN:**

- If stung by \_\_\_\_\_
- After ingesting \_\_\_\_\_
- After exposure to \_\_\_\_\_
- Immediately give \_\_\_\_\_ **whether or not symptoms are present.** Medication/dose/route
- Give \_\_\_\_\_ if the following symptoms occur:  
Medication/dose/route

\_\_\_\_ MOUTH: itching and/or swelling of lips, tongue, or mouth  
\_\_\_\_ THROAT: itching and/or sense of tightness in throat, hoarseness, hacking cough, and/or difficulty swallowing  
\_\_\_\_ SKIN: itching, hives, rash, and/or swelling in any area of body  
\_\_\_\_ GUT: nausea, abdominal cramps, vomiting, and/or diarrhea  
\_\_\_\_ LUNG: shortness of breath, sense of tightness in chest, repetitive coughing, and/or wheezing  
\_\_\_\_ HEART: rapid or weak pulse, dizziness and/or fainting  
\_\_\_\_ OTHER: \_\_\_\_\_

STUDENT HAS HAD A DOCUMENTED EPISODE OF ANAPHYLAXIS: YES \_\_\_\_\_ NO \_\_\_\_\_

**\*\*\*IF EPINEPHRINE AUTO-INJECTOR IS PRESCRIBED, CHECK ONE:**

- \_\_\_\_ Student is **NOT** capable of self-administration
- \_\_\_\_ Student **IS** capable of self-administration, has been instructed in medication use, and may carry epinephrine auto-injector and/or one dose of antihistamine with him/her.

**\*\*\*IF ANTIHISTAMINE IS PRESCRIBED TO BE GIVEN BY NURSE PRIOR TO EPINEPHRINE, PLEASE CHECK BELOW:**

\_\_\_\_ If a nurse and /or parent is **not** available during school or at any school sponsored event, and the student is having a **severe** allergic reaction, the antihistamine may be **withheld** and Epinephrine may be given by a **trained delegate**. (According to NJ State law, delegates may only administer epinephrine, not oral medications)

If epinephrine is given, EMS will be immediately contacted.

Physician's Signature \_\_\_\_\_ Date \_\_\_\_\_  
Please print or stamp: Name \_\_\_\_\_  
Address \_\_\_\_\_  
Phone \_\_\_\_\_

**TO BE COMPLETED BY PARENT/GUARDIAN:**

I request that my child be given the medication described in the manner above at school by the school nurse. Only if authorized by the doctor, I request my child be permitted to carry an epinephrine auto-injector and/or one dose of antihistamine and self-medicate when necessary. If carried on his/her person, I will be cognizant of the expiration date and renew the injector when needed. I relieve the Board of Education and its employees of any liability which may result from the administration of the above medication to my child, or from self-administration when certified by the physician.

Parent/Guardian \_\_\_\_\_ Date \_\_\_\_\_

Home Phone \_\_\_\_\_ Emergency Phone \_\_\_\_\_