



High School 101

SBHS Counseling Department Parent Night

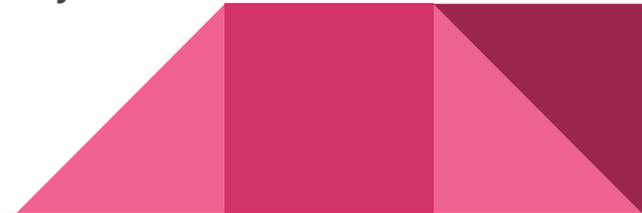
Saddle Brook HS School Counselors

Ms. Marta Benito

Ms. Kimberly Gerken

Ms. Christina Sasson

Ms. Joyce Byrne - Guidance Secretary



Role of the School Counselor

- Works with students and families from 9th-12th grade
- Meet throughout the year to discuss progress and develop future 4 year plans
- Schedules courses in accordance with requirements, interests and future plans.
- Assists with college/vocational search and application process
- Acts as intermediary with teacher and administration
- Assists students and families to resolve issues
- Provides help in referrals to I&RS, Child Study Team and outside resources



In High School Everything Counts

- Homework
- Attendance
- Conduct
- Classwork
- Projects
- Class Participation
- Extra-Curricular Activities
- Athletics



Graduation Requirements

- English- 4 years
- Science- 3 years
 - Biology
 - Chemistry
 - Physics or Environmental Science
- Social Studies - 3 years
 - World History
 - US History I
 - US History II
- Physical Education/Health- 4 years

****Over 4 years a student MUST earn 130 credits****

- Mathematics - 3 years
 - Algebra I
 - Geometry
 - Algebra II
- World Language (1 year)
- Personal Finance Literacy (2.5 cr)
- Visual & Performing Arts (5 cr)
- 21st Century Life and Career (5 cr)

****Passing of the NJGPA State test or one of the approved pathways (class of 2023 is exempt)****



Sample 9th and 10th Grade Schedules

English 9

Algebra I or Geometry

Biology or Environmental Science

World History

Foundations of Art

Phys. Ed/Health 9

World Language

English 10

Geometry or Algebra II

Chemistry

US History I

Financial Literacy/ Career Readiness

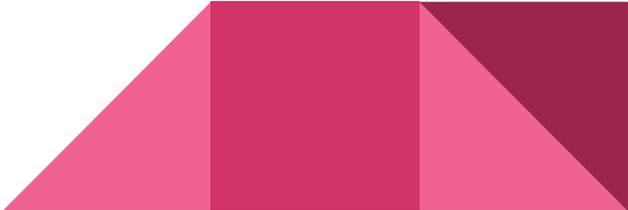
Phys. Ed/Driver's Ed

World Language

Sample 11th and 12th Grade Schedules

- English 11
 - Algebra II or Pre-Calculus
 - US History II
 - Physics or AP Environmental
 - Elective
 - Dual Enrollment Criminal Law
 - Dual Enrollment Astronomy
 - World Language or Elective
 - Phys. Ed /Health 11
- English 12
 - Math Elective
 - Applied Math
 - Pre-Calculus
 - AP Stats/AP Calc
 - Elective- Forensic Science/Honors Anatomy
 - Phys. Ed/Health 12
 - Option II

Attendance Policy

- Attendance is taken every period.
 - No more than 18 absences in a full year class
 - No more than 8 absences in a semester class
 - No more than 4 absences in Health
 - If your child is sick, please get a note from a doctor.
 - The state does **not** differentiate between excused and unexcused absences.
 - In the event a student misses more than the maximum allowable days, there is an appeal process.
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Dual Enrollment- AP Classes

DE-Criminal Law- Bergen Community College

DE-Astronomy- Bergen Community College

DE-Sociology- Bergen Community College

DE-Anatomy and Physiology- Bergen Community College

DE-Forensic Science- Syracuse University

DE-Business I- Bergen Community College

DE-Tomorrow's Teachers- Rider University

DE-Advanced Graphic Design- Bergen Community College

DE- Music Theory- Bergen Community College

- **History**
 - AP World History
 - AP US History I and II
 - AP European History
- **Science**
 - AP Biology
 - AP Chemistry
 - AP Physics
 - AP Environmental
- **Math**
 - AP Calculus
 - AP Statistics
- **English**
 - AP English Language
 - AP English Literature
- **World Language**
 - AP Spanish

Option II- Senior Year

- **Work Based Learning (WBL)**
 - Students participate in a structured supervised learning environment to explore possible career paths.
- **College Experience**
 - Students are released from school early in order to take classes at a local College (ie. Bergen Community College)
- **Teacher Mentorship**
 - Through Rider University, are enrolled in Tomorrow's Teachers course of study and also will be assigned to a teacher where they will explore teaching as a career path.



Resources

- Genesis
 - Encourage your child to log into Genesis to review grades and prior assignments.
 - If you are unable to access Genesis, please Email parentaccess@sbpsnj.org
 - Google Classroom
 - Each class has a Guidance Google Classroom where information is shared
 - School Website
 - The calendar is found on the website with important dates: Interim Reports, end of marking period and report card dates.
 - Naviance- comprehensive K-12 college and career readiness which we use for college preparation.
 - College Board/ACT
 - National Honor Society Tutoring
 - Students who are member of the National Honor Society are available for tutoring starting in October, Tuesday-Thursday before school 7:15-7:45 and after school 3:00-4:00pm.
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Clubs

There's something for everyone!

Astronomy Club

Drama Club

Game Club

Glamour Gals

Falcons 4 Change

Debate Team

Latin Club

Italian Club

The Unicorn

Math Honor Society

Photography Club

Ski and Snowboard Club



Science Honor Society

National Honor Society

Falcon Flyer Newspaper

Political Science Club

Student

Yearbook

Math Club

Environmental Club

S.T.E.A.M Club

Outdoors Club

Service Learning Club

Marine Science Club



Athletics

- Football
- Soccer (Boys/Girls)
- Cross Country (Boys/Girls)
- Winter and Spring Track (Boys/Girls)
- Wrestling
- Basketball (Boys/Girls)
- Lacrosse (Boys/Girls)
- Baseball
- Softball
- Girls Volleyball
- Girls Tennis
- Marching Band
- Cheer

Eligibility

- **Students must be passing 30 credits at the time of the check.**
- **Eligibility is checked at the start of EACH sport season (fall, winter, spring)**

Honor Society

National Honor Society

- **Scholarship** – GPA **3.75** (weighted)
- **Character** – voted by every faculty member (2x per year)
- **Service** – 100 hours minimum (**must be documented**)
- **Leadership** – 3 points minimum (**must be documented**)

National Math Honor Society

National Science Honor Society

- **Applying junior year**-Must have been enrolled in at least 1 Honors science and be enrolled in Honors science junior year.
- **Applying as a senior**-Must have been enrolled in 2 Honors level science classes AND be in an upper level science senior year

National English Society

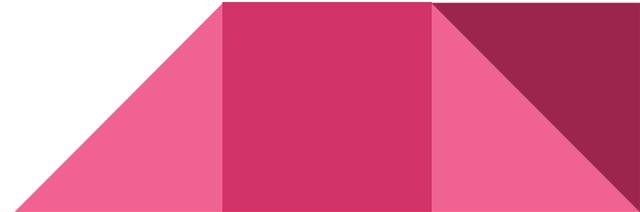
- Must maintain an "A-" average in English and can apply the beginning of their junior year



What to do when experiencing difficulties

Communication is the key!!!!

- Encourage your child to see his/her/their counselor and/or teacher.
 - Extra help sessions are available by each teacher weekly.
 - Counselors are available by both Email and appointment.
- Parents can reach out to the teachers and/or counselor with any questions or concerns.



Q & A

Any Questions????

Thank you for coming this evening!

Ms Benito

Ms Gerken

Ms Sasson

